

EmergencyReady™ Shelter-in-place Supplies Checklist (3-Day Away Bag)

✓ Food / Potable Water

BD	3 liters of water (1 liter per person per day)
ER	plus Water filtration bottle to refill
BD	Pre-cooked Steel-cut Oatmeal / Granola*
BD	Pop-tarts / Snack Bars*
BD	Lunch On the Run Chicken Salad*
BD	California Raisins / Prunes
BD	Evaporated Milk
BD	Fruit Cocktail / Pears*
BD	SPAM / Corned Beef *
BD	Chunky, Campbell's Soups / Chili / Ravioli*
BD	Canned Tuna Fish / Sardines*
BD	Comfort foods (<i>candy, cookies, instant coffee / tea</i>)
•	*Allow enough for each person per day
BD	Stanley Food Jar(s) with spork
BD	Insulated Travel Mug(s)
CB	Mini Camp Cook Stove

✓ Hardware / Personal Protection

BD	Vinyl rain poncho(s)
BD	Emergency blanket(s)
HD	Work gloves
HD	Safety goggles
HD	Disposable dust mask(s)*
HD	Headlamp with batteries*
HD	Multi-tool
HD	Duct tape
ER	HEX Solar Radio
ER	Solar Flashlight
HD	Extra batteries / charger(s)
HD	4-in-1 Tool to turn off utilities
	Pliers, hammer, screwdriver set
	Tarps / plastic sheeting (various sizes)
	Utility / camping knife / Wonder Bar™
	Hand saw, machete
	Syphon pump

✓ Household / Sanitation

•	Bank Bag w/ Cash (<i>more is better, small bills and coins</i>)/ Pre-paid debit / phone card(s)
•	Document Folio with copies of important papers including prescriptions
BD	Spiral notepad, pen / pencil, markers
BD	Wet Wipes and medium plastic bags
HD	Plastic bucket with tight lid / seat for toilet
BD	Cat litter deodorizer for toilet
BD	Manual can opener
BD	Whistle, Local maps
BD	Matches in waterproof container, lighter
ER	Water treatment / Filters
	Aluminum foil, plastic wrap
	Plastic food bags, large, containers+ lids
	Liquid dish soap
	Paper towels (3-4 rolls)
	Facial tissues (1-2 boxes)
	Heavy-duty garbage bags w/ ties (1 box)
	Household chlorine bleach
	Liquid antibacterial hand soap
	Medicine dropper to treat water
	Toilet paper (4+ rolls)
	Outdoor cooking pots / pans
	Camp plates / bowls, eating utensils
	Para-cord / Bungee cords (various)
	Tough Totes / Plastic 5-Gallon Buckets
	ReadyCandles™ / Hurricane Lamp™

✓ Personal Comfort

BD	Toothbrush and travel-size toothpaste*
BD	Disposable hand wipes
BD	Games / Entertainment / Puzzles
BD	Dry shampoo
BD	<i>Feminine hygiene supplies if needed</i>
BD	<i>Extra personal items as needed*</i>

✓ Medicine / First Aid

Supplies	
BD	Adhesive tape, medical tape
BD	Assorted sterile adhesive bandages
BD	Gauze pads, non-sterile (suggest 4x4)
BD	Gauze pads, sterile (suggest 4x4)
BD	Roller bandages (suggest 4 inch wide)
BD	Trauma shears
BD	Nitrile gloves
BD	Tweezers
BD	Liquid antibacterial hand sanitizer
BD	Mirror
	Sewing needles / kit
	Thermometer
	Safety pins / Clothespins
Medicines / Sundries	
	Deodorant / Nail Clippers / Nail file
	Pain reliever(s) / Aspirin
	Antacid / Antidiarrheal / Laxative
	Dental floss / Mouthwash
	Hydrocortisone cream
	Calmoseptine
	Shaving supplies / accessories
	Antihistamine / Benadryl
	Antibiotic ointment / antiseptic wash
	Insect repellent / Vaseline
	Sunscreen / Lip Balm / Insect Repellent
	Rubbing alcohol / disinfectant
	Condoms
	Hydrogen Peroxide
	Epsom Salts

BD – Bartell Drugs

HD – Home Depot

CB – Cabela's

ER - EmergencyReady